

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Terrence Higgins Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Ms Jo Billingham-Smith	Position: Trust Fundraising Manager
Website: http://www.tht.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 288527
When was your organisation established? 04/12/1983	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health		
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health More LGBT people accessing mental health services resulting in improved mental health and reduced mental distress		
Please describe the purpose of your funding request in one sentence. To provide an accessible youth friendly counselling service specialising in sexual health and Gender Sexual Diversity		
When will the funding be required? 01/04/2017		
How much funding are you requesting?		
Year 1: £52,354	Year 2: £54,051	Year 3: £0
Total: £106,405		

Aims of your organisation:

Terrence Higgins Trust is at the forefront of the fight against HIV and improving the nation's sexual health. Our vision, mission and values are set out below.

Our vision

A world where people with HIV live healthy lives free from prejudice and discrimination, and good sexual health is a right and reality for all.

Our mission

- ? To end the transmission of HIV in the UK.
- ? To empower and support people living with HIV to lead healthy lives.
- ? To amplify the voices of those affected by HIV across public and political arenas to eradicate stigma and discrimination.
- ? To enable people to enjoy good sexual health.

Main activities of your organisation:

In order to reach our goal, our work falls into four categories: long term condition management (LTCM), health improvement (HI), clinical services and campaigning and building support.

LTCM: THT works with PLHIV on a range of issues, including treatment and taking medicines correctly, disclosing their status, sexual health and reducing the risk of onward transmission and maintaining good overall physical and mental health.

HI: We work in communities to promote better sexual health, particularly among those groups at risk of contracting HIV and other sexually transmitted infections (STIs).

Clinical services: We provide a range of clinical services offering testing for HIV and other STIs as well as treatment for non-complex STIs.

Campaigning and Building Support: HIV and sexual health are difficult subjects to gain public and political support for. Prejudice against PLHIV, plus stigma, misunderstanding and 'blame' around sexually transmitted infections, mean they struggle to be prioritised by statutory funders, the general public and the media.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
204	150	12	400

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Terrence Higgins Trust wants to provide an accessible youth friendly counselling service across London for young people. Following the TalkSafe project which was generously supported by City Bridge we have found that there is still a need for a counselling service in London dedicated to young people. The number of young people who accessed information and support through TalkSafe was approximately 1500. We want to continue offering young people in London a service where young people have increased access to appropriate information and support enabling them to make informed choices about their sexual health and relationships. We also want to provide a dedicated counselling service to offer face to face counselling sessions in the evening for individuals. We plan to extend the service into schools and colleges to run wellbeing workshops on topics such as, sex and protection, healthy relationships, cyber safety, mindfulness and emotional resilience. From the evaluation of the TalkSafe project we found that these services positively impact on young people's wellbeing particularly in regard to sex and relationships. We want the project to empower young people by giving them increased self esteem and the confidence to make good decisions and positively manage their relationships.

We will promote our outreach work at fresher's fairs, GPS surgeries and at certain times of the year such as during mental Health Awareness week, and during exam time. We have identified some colleges which have hi-risk sexual health needs we will approach, including City and Islington, Redbridge and Hammersmith.

We will promote the service using updates/adverts on Facebook and Google to better engage with young people. This service will advertise all the workshops and one to one counselling sessions we offer.

Research published in British Journal of Psychiatry in 2003 compared the mental of health of gay, lesbian and bisexual people with that of heterosexual people. Stigma, intolerance and bullying led to a higher rate of mental health anxiety amongst gay people. School Report 2012 published by Stonewall reported 55% of LGBT young people experience homophobic bullying in Britain's schools and 96% of gay pupils hear homophobic remarks such as "poof" or "lezza" used in schools.

This project addresses City Bridge's aim of improving the mental health of Londoners. We want to counsel and work with vulnerable young people with complex needs whose poor sexual health has impacted on their mental health. We are able to consult with young people who previously used TalkSafe to ensure that we provide the most appropriate service. THT will also work closely with service users to ensure we identify their key needs and requirements during project delivery.

Terrence Higgins Trust is the UK's largest sexual health charity and runs a number of projects specifically targeting young people or for the benefit of young people including SRE information projects, 1:1 counselling and advice, drop in and sexual health outreach services. THT's work with young people focuses on traditionally hard to reach groups including LGBT+ youth, BME communities, young parents, sexually exploited young people, asylum seekers and young people living with HIV. There is no other organisation better placed to support the mental health needs of these hard to reach young people.

Terrence Higgins Trust commits itself to promoting equality of opportunity and is the guiding principle behind our values, delivery and HR selection process. No one is discriminated against on the grounds of HIV status, race, colour, nationality, age, ethnic origin, sexual orientation, physical or mental disability or religion. The organisation is committed to its Diversity and Equality Policy and takes pride in ensuring that services are available to all who need them.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Information and advice is accredited as appropriate and meets the following standards: Community Legal Service Quality Mark; General Social Care Council Code of Practice Office of the Immigration Services Commissioner (OISC); Quality Framework Information Standard (NHS England) THT ensures premises compliant with health and safety regulations and are accredited by CHAS

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Provide age appropriate one to one counselling to 224 young people

Provide 20 Mindfulness/Sexual health workshops to young people

Establish Relationships with 20 educational establishments

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80% of young people have reported an increased confidence in being able to cope with their sexual health

80% of young people report a better understanding of the link between mental health and sexual health

80% people are better informed and able to make better decisions about their own sexual health

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will decide whether to continue with the project following a full evaluation.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

224

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (20%)

Camden (20%)

Hackney (20%)

Lambeth (20%)

Southwark (20%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
<i>up corner</i> Staff and Recruitment	36,994	39,039	0	0
Office Costs	1,151	765	0	0
Staff Travel	300	306	0	0
Premises	3,761	3,836	0	0
Activities	1,500	1,530	0	0
Health & Service Promotion	1,655	1,358	0	0
Insurances	511	527	0	0
Evaluation	200	201	0	0
Contribution to central shared costs (HR,IT etc)	6,282	6,486	0	0
TOTAL:	52,354	54,051	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
None	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
None	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff and Recruitment	35,765	37,786	0	0
Office Costs	750	765	0	0
Staff Travel	300	306	0	0
Premises	3,761	3,836	0	0
Activities	1,500	1,530	0	0
Health and Service Promotion	1,655	1,358	0	0
Management Costs and Insurance	1,740	1,780	0	0
Evaluation	200	201	0	0
Start up Costs and Contribution	6,683	6,486	0	0
TOTAL:	52,354	54,051	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	5,842,000
Activities for generating funds	927,000
Investment income	36,000
Income from charitable activities	10,868,000
Other sources	76,000
Total Income:	17,749,000

Expenditure:	£
Charitable activities	16,122,000
Governance costs	49,000
Cost of generating funds	1,907,000
Other	0
Total Expenditure:	18,078,000
Net (deficit)/surplus:	-329,000
Other Recognised Gains/(Losses):	1,224,000
Net Movement in Funds:	939,000

Asset position at year end	£
Fixed assets	7,248,000
Investments	5,101,000
Net current assets	1,939,000
Long-term liabilities	2,663,000
*Total Assets (A):	11,625,000

Reserves at year end	£
Restricted funds	172,000
Endowment Funds	233,000
Unrestricted funds	11,220,000
*Total Reserves (B):	11,625,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Robert Glick stepped down as Chair of Trustees at the AGM on 12 December, Jonathan McShane has been appointed the new Chair of Trustees. We also welcomed two new trustees to the Board -- Dr Jake Bayley and Dr Laura Waters.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	14,146	6,038	5,279
London Local Authorities	3,773,093	3,253,487	3,133,732
London Councils	0	0	0
Health Authorities	868,497	715,288	689,191
Central Government departments	2,450,000	2,502,375	1,203,000
Other statutory bodies	5,313,387	5,655,652	5,836,003

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Elton John AIDS Foundation	327,000	244,000	243,000
Big Lottery Fund	42,589	142,000	188,000
Monument Trust	168,000	150,000	150,000
Comic Relief	0	60,600	60,600
Henry Smith Charity	0	30,500	24,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Hannah Bodek**

Role within **Executive Director of Corporate Resources**
Organisation: